



## Menu @ School

	Baby Class	Small Class	Medium Class	Big Class
<b>Breakfast (08:00)</b>				
<b>Monday</b>	Mielie Pap	Mielie Pap	Mielie Pap	Mielie Pap
<b>Tuesday</b>	Oats	Oats	Oats	Oats
<b>Wednesday</b>	Kellogg's Corn Flakes	Kellogg's Corn Flakes	Kellogg's Corn Flakes	Kellogg's Corn Flakes
<b>Thursday</b>	Mielie Pap	Mielie Pap	Mielie Pap	Mielie Pap
<b>Friday</b>	Pronutro	Pronutro	Pronutro	Pronutro
<b>Snack (10:00)</b>				
<b>Monday</b>	Apple & Banana	Apple & Banana	Apple & Banana	Apple & Banana
<b>Tuesday</b>	Apple & Orange	Apple & Orange	Apple & Orange	Apple & Orange
<b>Wednesday</b>	Apple & Banana or Grapes	Apple & Banana or Grapes	Apple & Banana or Grapes	Apple & Banana or Grapes
<b>Thursday</b>	Apple & Orange	Apple & Orange	Apple & Orange	Apple & Orange
<b>Friday</b>	Apple & Banana or Grapes	Apple & Banana or Grapes	Apple & Banana or Grapes	Apple & Banana or Grapes
<b>Lunch (12:00)</b>				
<b>Monday</b>	Spaghetti Bolognese	Spaghetti Bolognese	Spaghetti Bolognese	Spaghetti Bolognese
<b>Tuesday</b>	Wors, samp & sheba	Wors, samp & sheba	Wors, samp & sheba	Wors, samp & sheba
<b>Wednesday</b>	Fish Cakes, potatoes & beetroot	Fish Cakes, potatoes & beetroot	Fish Cakes, potatoes & beetroot	Fish Cakes, potatoes & beetroot
<b>Thursday</b>	Chicken, Sweet Corn & Cucumber	Chicken, Sweet Corn & Cucumber	Chicken, Sweet Corn & Cucumber	Chicken, Sweet Corn & Cucumber
<b>Friday</b>	Vetkoek, mince & mixed vegetables	Vetkoek, mince & mixed vegetables	Vetkoek, mince & mixed vegetables	Vetkoek, mince & mixed vegetables

- Menu may differ slightly according to seasonal availability